**UUSU Student Officer Workplan**

**Student Council Report - Academic Year 24/25**

**Name:** Connor O’Hagan

**Officer Role:** Sport & Well-beingVP

**Overview**

So as you can probably see by my report, some of my work to date is sport related, but a lot is not. The reason behind this is that basically both of my main points of contact within Sports Services have been off on leave for an extended period of time, therefore, my ongoing work and progress on all things sport has essentially been stalled. Due to these circumstances, the majority of my meeting with the Sports services team, where I would receive updates on all things sport within Ulster University, have been cancelled since before November. However, I have still been working alongside the Student Sport Co-Ordinators on each campus to ensure that sports queries clubs are addressed and helping to facilitate events and fundraisers across the campuses to ensure the clubs are financially secure.

On a personal note, it has been a difficult year for me in regards to the sports side of things, however, as you will see in my report below, I have achieved a few wins so far this year in regards to well-being, which I am proud of, and want to keep expanding before the end of term.

**Policy Work**

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| Policy Name (including reference) | SMART Goals | Impact for Students | Priority Actions |
| Keep Wed Afternoons Free (KWAF) |  | Ensure students have their Wednesday afternoons free from class to play sport/coach/volunteer/work, etc. | Timetabling is the biggest issue affecting this. I will work alongside Emily this semester to ensure to university adhere to this policy in future. |
| Mental Health First Aid |  |  | Raise with campus / Becca chat about awareness |

**Campaigns**

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| --- | --- | --- | --- |
| Campaign Name | SMART Goals | Impact for Students | Events |
| Mental Health campaign | Movember campaign | The primary aim was to raise awareness around men’s mental health through activities/events on each campus during the month of November.  Myself and Chris also grew out our moustache throughout the month of November, which is a tradition of Movember and another way of raising awareness around mental health.  Finally, at the end of the month, Myself and Chris created a video for social media of us shaving off our moustache to signal the end of Movember, whilst also talking about the importance of mental health and the stigma around it, which has 3,500 views on Instagram. | Magee:  Football charity match  Santa run/stroll  Coleraine:  5-a-side football tournament  UUC mixed hockey charity match  Belfast:  60k Spinathon in Nelson place  I also walked 60k per week during the month of November (240k total) to signify the 60 who take their own life every hour worldwide.  In total, we raised over £250 for Movember charity and helped raising awareness around mens mental health by doing so. |

**Membership Engagement**

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| --- | --- | --- | --- |
| Outreach Opportunity | SMART Goals | Impact for Students | Priority Actions |
| Brew Mondays | Provide students on each campus with free tea/coffee every Monday from 10:30-12:30 and a chat | An opportunity for students to talk to a member of the officer team about any issues they are having on campus. | Magee library every Monday 10:30-12:30  Mental Health Campaign |
| UUSU Student Inductions | Deliver a 15-20 minute presentation to primarily 1st year lecture classes, informing them about the students union  (over 15 lecturer classes covered in Magee) | Gives new students to Ulster University an understanding of what the students union is and how we can help them | Engage with as many students as possible  All 3 campuses |
| Refreshers sports club forums | Sports forums are held on each campus after each refreshers fair by myself and the SDO from said campus, with all club committee members eligible to join. | These forums are a chance for myself and SDO’s to give clubs a rundown of how sport will loom for the upcoming semester and how clubs may be affected. It’s also a chance for clubs to ask any questions/queries they have about anything sport related. | During the forum, the clubs were told about the ongoing financial struggles within sport this year, and that fundraising for your club is crucial to ensure each club can compete into the latter stages of their competition this year. |
| Re-freshers events | RAG week  SHAG week | Update below   * Sex Toy Bingo * Brew Monday – Sex positiviTEA * Tinder live | All events were well attended – the bunker has never been as busy for both Sex toy bingo’s last week and in September |

**Share your wins and milestones (big & small)**

**Recent sports club fundraisers**

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| --- | --- | --- | --- |
| **Date** | **Area** | **Impact for Students** | **How was it shared with the Membership** |
| 13/11/24 | UUC GAA club fundraiser | Raised over £1800 for GAA clubs in Coleraine | To help cover costs of away games during their league campaign |
| 09/10/24 | UUM GAA Christmas Day Fundraiser | Raised over £3000 for Magee GAA clubs | To support the clubs costs for their finals weekend in Mayo |
| 16/10/24 | UUC Dance club fundraiser | Raised £2115 for UUC Dance club | To help fund their upcoming overseas competitions in Semester 2 |

**Lighthouse Project**

* The Lighthouse Project is a collaboration between Foyle Search and Rescue and Danny Quigley which provides a central database of support services in the Derry city and district.
* I have been working since September with Foyle Search and Rescue to implement this project onto Magee campus – as of February 10th , the support stickers have been implemented in every bathroom on the Magee campus, and other areas including changing rooms, library and notice boards.
* Invited Dawn from Foyle Search and Rescue in for Brew Mondays on 17th Feb to help spread awareness around the Lighthouse Project by talking to students about it – I’m hoping to get a post on Instagram this week showcasing to people how the project works.
* My next target is to implement the Lighthouse Project onto Coleraine and Belfast campus and expand the services available on the website so every student is supported – this has been given the green light so hope to have this implemented by end of term.

**UUSU Sports Survey/Interviews**

* So myself Mandy, Charlotte and David helped construct a sports survey on behalf of UUSU to help students understand the recent transition of sport from UUSU to UU and how it will effect them and their sports clubs.
* We have asked for at least one member of each sports club committee to give feedback on behalf of their club , and as of Monday 17th February, we have had over 60 responses across all 3 campuses.
* Myself and Emily also recorded short interviews with members of the majority of sports clubs during refreshers days, essentially asking what sport at UU means to them – this will be published on all social media platforms hopefully next week.

**RAG week**

* Myself and Reece organised RAG week on Magee campus between 3rd-7th February
* The primary aim was to raising money for OddBalls Foundation and awareness around testicular cancer
* List of events are on the UUSU website but we had great interest in all morning/afternoon/sports events during the week, raising over £500 for OddBalls Foundation.
* Daytime events gained a lot more interest with students compared to the evening events in Magee.
* For context, before Christmas I became a student fundraising ambassador for OddBalls Foundation and the sent us out equipment merchandise to help facilitate our Magee RAG week.
* Schedule for the week:

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| --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** |
| **Daytime events** | Brew Mondays/OddBalls Awareness stall  Handed out free tea/coffee/hot chocolate to students as usual with OddBalls check yourself guides | Bake Sale/Awareness Stall  Sold buns and pastries in MU foyer to students, as well as handing out OddBalls merch for each donation.  5-a-side football tournament  10 teams entered with over 70 students participating from 1pm-5pm. Each participating student was encouraged to donate £5 to OddBalls charity. | Winning Wednesdays  Again up in MU foyer, students spun the wheel and won a prize which included, OddBalls merch, drinks and tickets for Wednesdays evening event  Basketball tournament  6 teams entered with over 40 students participating from 2pm-5pm. Each participating student was encouraged to donate £5 to OddBalls charity. | OddBalls Awareness Stall |
| **Evening events** | The Thirsty Goat – Purple party  Purple signifies the colour of testicular cancer awareness. All ticket sales on the night went towards the charity. | Argyle Bingo  OddBalls merch/prizes were handed our at Argyle Bingo for the winners and all proceeds went to the charity . | Metro  All ticket sales on the night went towards the charity. |  |

**Coleraine 5-a-side recreational football**

* Set-up a 5-a-side football tournament for Coleraine campus on 20th and 27th of November in aid of Movember, with about 8 teams signed up, however due to the snow, we had to cancel both weeks.
* With the success this year of Belfast 5-a-side and Magee 5-a-side league the past 3 years, I am keen to get this up and running in Coleraine, especially with the interest already there from students in November.
* I will be working with newly appointed SDO in Coleraine, Matt, to get this up and running hopefully this semester and hopefully maintain it next year.